



Town of Burlington

Commission on Senior Citizens

Minutes of Meeting

January 21, 2026

- **Call to Order**

The meeting to order at 4:15 pm

Members in Attendance: Art Murelli, Diane Royko, Donna Rozzi, and Mary Yost

Director Tricia Twomey

- **Minutes of November Meeting**

Approved (Murelli/Rozzi)

- **2026 Meeting Schedule**

2026 Meeting schedule was reviewed

- **Financial Report**

Director Twomey reviewed budget report

- **Winter Programming**

Director Twomey reviewed current and upcoming Activities and discussed programming

- Newsletter can be found online at <https://www.burlingtonct.us/parks-recreation/pages/senior-center-programs>
- Foot Clinic on February 18th has a required minimum of 4 participants. We need 2 more.
- A forum on Alzheimer's and Dementia is February 24th
- Looking for a Yoga instructor for chair yoga

- **Any Other Business**

- Director Twomey discussed the towns' collaborative approach within multiple town departments to manage the increase in social service cases that we've seen.

- **Public Comment**

none

- **Adjourn**

Motion to adjourn (Royko/Rozzi) approved unanimously 5:12 pm

Respectfully submitted, Tricia Twomey